



Diocese of Austin  
Office of Vocations  
6225 Hwy. 290 East  
Austin, TX 78723



## Thanksgiving after Holy Communion

Dear Jesus, I believe that You are present within my heart. You said, “This is My Body and My Blood.” I know that You love me and want to be with me.

From my heart I thank you for all You have given to me—my life, my parents, my health, Baptism, my Catholic Faith, protection—all that I have! Make me more grateful still.

Generous Lord, I ask for still more. Please protect my soul and body. Be good to those I love. Let me love You more every day. I ask You this special favor (mention it to Jesus). Watch over me and make me good and happy.

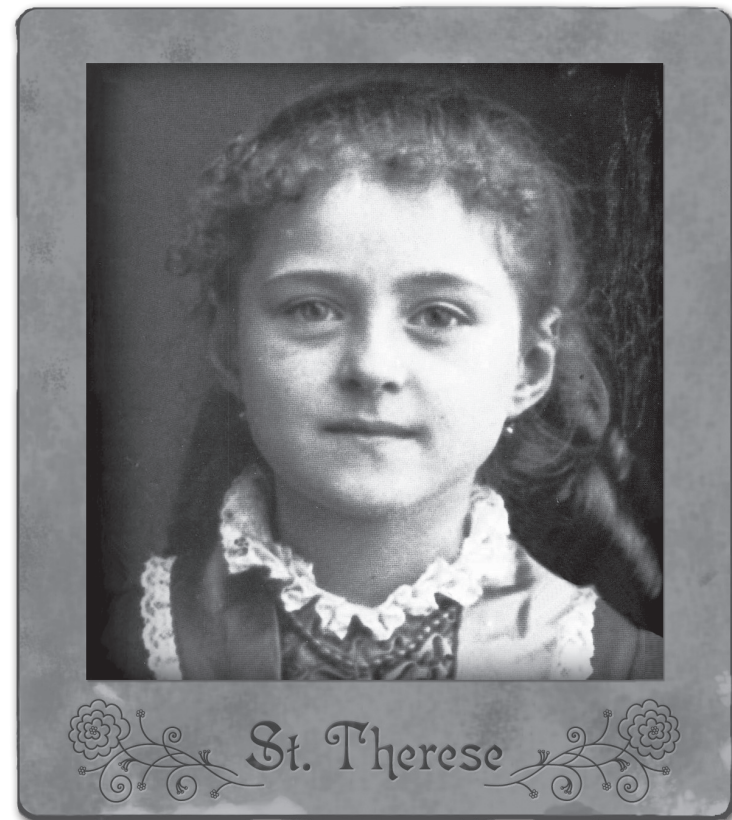
Jesus, I promise to receive You as often as I can in Holy Communion. Is there something special that You want me to do for You? (Pause here and think of what Jesus might want to tell you.)

I love You, Jesus. Amen.

## Prayer to Know My Vocation

Lord, my God and my loving Father, you have made me to know you, to love you, to serve you, and thereby to find and to fulfill my deepest longings. I know that you are in all things, and that every path can lead me to you.

But of them all, there is one especially by which you want me to come to you. Since I will do what you want of me, I pray that you send your Holy Spirit to me: into my mind, to show me what you want of me; into my heart, to give me the determination to do it, and to do it with all my love, with all my mind, and with all of my strength right to the end. Jesus, I trust in you. Amen.



**Junior St. Therese Vocation Society**  
Diocese of Austin

My Dear Child in Christ,

From a very young age St. Therese (also known as the “Little Flower”) desired to become a saint. She wanted to give her life to Jesus in service. She greatly admired priests, missionaries, and religious sisters. She was also deeply appreciative of the examples of holiness in her own family. Her desire was so strong that she even asked permission of the Pope to enter the convent at an early age. She became a Carmelite nun at the age of 15 and lived at her convent with other sisters for the rest of her life. She died at a youthful age of 24 from illness. Although she only lived a short life she has become one of the most popular saints in the Catholic Church because of her powerful example of love. She felt a calling to be “love in the heart of the Church.” She became a saint not by doing great works or extraordinary things, but by doing little or ordinary things in an extraordinary or great way—for the love of God. This is known as her “little way.” She was especially dedicated to praying for priests, brothers, sisters, and seminarians (men training to become priests).

St. Therese had a great devotion to Jesus in the Blessed Sacrament of the Eucharist. On the day she received her First Holy Communion she wrote: “I knew I was loved and I declared, ‘I love you and I give myself to you forever.’”

You are invited to become part of the Junior St. Therese Vocation Society. Just like St. Therese you can have great desires for holiness! You also can pray for priests, sisters, brothers, and seminarians. And you can lovingly offer Jesus your life each time you receive Holy Communion.

When you receive Communion, welcome Jesus into your heart. Talk to him as your best friend. Ask Jesus what he wants you to do in your life and entrust your future calling or “vocation” to him.

By signing the detachable part of this folder and returning it to us, you will be officially enrolled in the Junior St. Therese Vocation Society of the Diocese of Austin, TX. There are no dues or meetings, only the promise of your prayers.

Keep the remaining portion of this card in your prayer book, Bible, or in another convenient place to remind you of your promise of prayers. With your help we look forward to many holy vocations in our diocese.

Sincerely yours in Christ,



Fr. Brian McMaster  
Vocation Director  
(512)949-2430



Diocese  
of Austin

## Junior St. Therese Vocation Society

As a member of the Junior St. Therese Vocation Society, I pledge to:

1. Say a prayer each day for more vocations to the priesthood and religious life.
2. Say a prayer each day for the priests and religious of the Austin Diocese, that they be the good, holy, and happy priests, brothers, and sisters that Jesus needs them to be.
3. During my prayers after my First Holy Communion (and each Holy Communion after that) to ask Jesus how he wants me to love and serve him. I will remain open about whether Jesus might want me or one of my classmates to become a priest or religious sister or brother.



**“I will let fall from Heaven...  
a Shower of Roses”**

—St. Therese

*Tear off and mail*

Dear Fr. McMaster,

I would like to become a member of the Junior St. Therese Vocation Society.  
As a member I promise to:

1. Say a prayer each day for more vocations to the priesthood and religious life.
2. Say a prayer each day for the priests and religious of the Austin Diocese, that they be the good, holy and happy priests, brothers and sisters that Jesus needs them to be.
3. During my prayers after my First Holy Communion (and each Holy Communion after that) to ask Jesus how He wants me to love and serve Him. I will pray about whether Jesus might want me or one of my classmates to become a priest or religious brother or sister.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Parish \_\_\_\_\_ Grade \_\_\_\_\_